

Love

Love opens all doors

Teach only love

Love heals

You deserve love

Unconditional love transcends fear

Love your inner child

Unconditional love is learning to be the source of love

Love attracts love like a magnet attracts steel

In love there is no separation

True healing involves compassion and love

Feeling love changes negative energy

Love is the key

Love who you are and not who you should be

There is no power greater than the power of love

Like attracts like

Expression

Unfold like a flower

Caged birds may not wish to fly if released

Emotions help create reality

Remain in tune with your inner voice

Truth

All shall be one

What we give out is what we get back

Light and truth

An emptied mind is more receptive to see the truth

In stillness find truth

There are no accidents

Everything is related

You have the ability to know your truth

You own nothing, it is borrowed

It is the unexpected that happens

Nothing is by chance

Wishes too often come true

Everything happens at once

And this, too, shall pass

Each moment is a new beginning

The only rule is exception

You do not have to go through pain to grow

There is no one right way to evolve

Everything is possible

Nothing should be taken for granted

Simply seeing is an act of creation

There are miracles in everyday events

Truth and love work not knowledge

Fear

Stress is fear

To dissolve fear, look directly at it

The shadow in each of us is not to be feared

Fear is not having trust

Life

All life is sacred

Live, live, live

Problems in life allow you to grow

Everything is changing all the time

Life is what you make it

Living is a creative act

Live fully in the moment

Live reality

Do not allow your thoughts to limit your life

The human spirit knows no bounds

Life feels no need to compromise

Universe

Our world is one of many

Respect the world of the unknown

Nothing is insignificant

Self Development

Visualise optimistic outcomes

Make room for the new

Denial slows down the process of self discovery

Open your eyes and truly see

Whats next? Look around you, the clues are there

Never judge or criticize

The power is there, we only have to plug into it and turn it on

Stay on the path as best you can, it is your path

The enemy is often ourselves

The hand is your map and the heart is your guide

I can change

Concentrate on what you want rather than what you don't want

You deserve good

Release anger in a positive way

There are always doors waiting to open

The will to change is the first step

Acceptance

Dissolve the barriers

You are not responsible for everyone's happiness

The answers within

Forgiveness is the key to our freedom

Rise above negativity

It's ok to let go

Listen with a silent mind

Make a commitment to yourself today

Never take anything too seriously

Pay attention to your needs

Dissolve resentment today

Stop all criticism

Listen, not only for sound

You can heal yourself

Affirmations do work

Give to others what you want to receive

Do not believe in limitations

The power is within

In silence shall be your strength

Follow your inner voice

Make room for the new

To receive guidance, ask for it and listen

Listen to your intuition

Take time

Make time

The highest form of control is knowing when to let go

Energy follows thought

More Self Development

There is a place to be alone

Resistance causes suffering

If you have nothing to defend, life becomes easier

There is always someone better

Reprogram your subconscious mind

Laughter is the best medicine

The greatest battles are fought within oneself

Irritation is something you do to yourself

Sometimes we must learn to ask for what we need

We choose our thoughts

When are we truly ourselves?

Most of what we need is around us now

Rise to great heights

What you give to others is a gift to yourself

Focus on what is good

We see much, observe little and perceive less

We each have our own inner clock

Many doorways open when you follow your intuition

Your brain is both a transmitter and a receiver

Expand your horizons

It is important to experience compassion

Dwell not on the past

To bring in guidance, sit quietly

Release the past

You can calm your emotions

See no limitation

Write down your goals, it will bring them to you faster

When you operate from intuition things happen easily

Tomorrow is another day

The degree of pain in your life is a function of your own perception

When one door closes another door opens

'Necessity' is a relative term

Thinking can make it so

The most difficult way is not always the

See what is directly before you before looking beyond

Wisdom is the ability to know when to act

I am good enough

I can heal myself

I can change

